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EVANS IS A LITTLE BIT COUNTRY (BUT LOVES EMINEM)

PAGE 12

metro®
BOSTON Monday, March 10, 2014 www.metro.us | t: MetroBOS | f: MetroBoston

New digs. The MBTA unveils a renovated Yawkey Station today, making the commuter rail more accessible. **Ticket to ride.** The rehab coincides with improvements to the Worcester/Framingham Commuter Rail line, which will now have double the stops. PAGE 02

FACE-LIFT IN THE FENWAY

Education. The SATs are going to get a major makeover in 2016
PAGE 13

The Word. Hot commentators aren't cooling down post-Sochi
PAGE 10

Sports. We go one-on-one with former Sox player Kevin Millar
PAGE 17

The $13.5 million renovation to Yawkey Station was one piece of the plan for the T to improve service between Worcester and Fenway. / NICOLAUS CZARNECKI, METRO

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NEWS

Top 3

What's trending online at Metro.us

1 '5 new games for family night'

2 'Blake Bortles' girlfriend Lindsey Duke poses for bikini picture on Spring Break'

3 'VIDEO: How to wake someone up with a dog and a laser pointer'

Today's tweet

"People seem to assume "winter" is an excuse not to pick up their dog's poop on the river walk."

@fredleblanc, on a different kind of winter shoveling

New Yawkey Station debuts with increased service plan

Upgrade. Thousands of passengers living, working or visiting in the Fenway neighborhood are promised more convenient, safe and comfortable commuter rail service.

Gov. Patrick is slated to celebrate the opening of the new Yawkey Station at 9 this morning. / NICOLAUS CZARNECKI, METRO

Starting today, passengers who use the Worcester/Framingham commuter rail line can look forward to a new and improved experience that includes upgrades to a historic Boston rail station and more than double the service stops on the 44-mile line.

Gov. Deval Patrick today will attend a ceremony to mark the opening of the Yawkey Commuter Rail Station in Boston, which recently completed a $13.5 million renovation to prepare for the increased rail service.

The new rail schedule that goes into effect today increases inbound departures from Worcester to Boston from 17 to 20 trains per day, with outbound departures from Boston to Worcester rising from 16 to 20 trains per day.

Crews began work on the Yawkey upgrade in November 2010 and improvements were originally expected to wrap up by spring 2012 but were delayed.

"The opening of Yawkey Station is the culmination of many years of cooperation and partnership to increase access to accessible, convenient and efficient public transportation between Worcester and Fenway," Patrick said in a prepared statement. "This project shows that our growth strategy is real, not rhetorical. We must use public investment of time, money and ideas to stimulate growth and build opportunity for our residents," he said.

The station is now equipped with two fully accessible, full-length train platforms, four new elevators and an accessibility ramp. The main entrance is now on the new Yawkey Way Extension, which provides vehicular and pedestrian access off of Brookline Avenue through an area that had been used for Red Sox parking.

Passengers can also expect new access to Maitland and Beacon Streets, as well as a bike share station and new waiting areas with canopies and windscreens.

During construction, the tracks at Yawkey Commuter Rail Station were realigned to allow for double-track capacity, serving as the catalyst for expanded commuter line service.

MassDOT Secretary Richard Davey said the increased service between the two major cities shows the agency's continued encouragement of economic growth in and around the region.

"The Framingham/Worcester Line serves 13,000 customers daily and continues to demonstrate consistent growth, and MassDOT is confident that with this expansion, we will see that number climb," said Davey.

MORGAN ROUSSEAU
@METROMORGAN
morgan.rousseau@metro.us

A new schedule

- The increased service will also offer three new off-peak trains, including a new departure at 11 p.m. for those leaving the area later in the evening.
- There will also be an increase from two to three trains leaving Boston, scheduled to arrive in Worcester before 8:30 a.m.
- Likewise, there will be an increase in service during peak times, with a new train departing from South Station at 6:40 p.m., stopping at Yawkey and then ending in Worcester.
- An additional new outbound train will depart South Station at 9:25 p.m. before stopping at Yawkey. That train will shorten the previous nearly two-hour evening gap to one hour.

Quoted

"I would like to thank everyone for their patience. We're very excited about launching this new era in the continuing process of improving the Worcester/Framingham Commuter Rail Line."

Beverly Scott, MBTA Manager

Arrests. Fifty nabbed at UMass Blarney Blowout

As many as 50 partygoers were arrested Saturday after an annual St. Patrick's Day party known as the Blarney Blowout got out of hand near the University of Massachusetts Amherst campus.

Officers began responding to reports around 10 a.m., and by 8 p.m. were still dealing with the chaos. Four officers were injured by students throwing bottles, police said.

Charges included assault and battery on a police officer, failure to disperse, inciting a riot, assault and battery with a dangerous weapon, breaking and entering, disorderly conduct and alcohol violations.

The school released a statement following the brouhaha, saying: "The University of Massachusetts Amherst today denounced the unruly behavior of participants in the unsanctioned 'Blarney Blowout.'" METRO

New law

Upskirting officially illegal in Massachusetts

Gov. Deval Patrick said Friday that he had signed a bill rushed to his desk outlawing people from secretly photographing up a woman's skirt or other similarly invasive acts.

There was a brief window — from Wednesday morning until Friday morning — when such activity was deemed not specifically against the law by the Supreme Judicial Court.

Patrick / NICOLAUS CZARNECKI, METRO

The Legislature quickly crafted and passed a bill that they say will close the loophole highlighted by the court, enacting legislation Thursday that attaches jail and prison time, depending on whether the act was committed against a child.

When reporters Friday asked if he was surprised how fast the bill was passed, Patrick said, "It shows they can do it when they want to." METRO

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New flights

Boston is bound for Dubai

Gov. Deval Patrick today will celebrate the launch of Emirates Airline's nonstop daily service from Boston to Dubai, which begins today from Logan Airport. The Emirates flights will operate on 266-passenger Boeing planes with three classes of service. METRO

MBTA crime

Alleged Orange Line thief sought

Transit Police are asking for the public's help in identifying a man accused of stealing from a fellow Orange Line passenger last Monday.

According to police, a man allegedly stole a woman's bag as she traveled on an inbound subway as it entered Tufts MBTA Station around 9:50 a.m. The suspect then fled on foot toward Bay Village in the South End, police said.

Investigators urged anyone with information to contact Transit Police's Criminal Investigations Unit at 617-222-1050 or anonymously text 873873. MBTA passengers can also use the department's SeeSay app. METRO

The suspect / MBTA POLICE

Pot spot. Cannabis commercials clash with Comcast cable company

Questions were raised over the weekend as to whether the first major network-supported commercial to promote medical marijuana will run on Comcast cable in Massachusetts, as announced last month.

The highly publicized national ad campaign created by MarijuanaDoctors.com was due to get off the ground this past week in New Jersey, but the company said the first ad never made it to air.

Comcast said the commercials were never given the final clearance to run by Comcast Spotlight, the agency subsidiary that was placing the ad, according to a report by the New York Business Journal.

MarijuanaDoctors.com, owned by New-York based Medical Cannabis Network, said last month that it had booked Comcast airtime, and that an ad — that was posted on YouTube — was set to run in the Garden State starting on March 3. Bravo, ESPN, Fox News, A&E and CNN were among the networks slated to air the ad, the company said, with it set to air in Massachusetts on April 20 — a well-known high holiday in the marijuana community.

High-larious

In the one-minute ad, a man shadily tries to sell the viewer back-alley sushi, an apparent spoof on a street drug deal.

- "You wouldn't buy your sushi from this guy, so why would you buy your marijuana from him?" the narrator asks before plugging its service, which pairs patients with doctors who prescribe medical marijuana.

MarijuanaDoctors.com spokeswoman Janet Falk told the Boston Herald that executives got word Friday that the campaign did not launch as expected, and that a meeting with Comcast was in the works.

However, the ad may very well run in Massachusetts as expected — just not on Comcast.

"MarijuanaDoctors.com has been approached directly by several TV stations and cable networks regarding advertising in Massachusetts," Falk told the Herald.

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To learn more, and for a free, confidential pre-screening, please call: **1-888-678-8393**

Reopening, ready for rush

The Callahan Tunnel was expected to be open in time for this morning's rush hour traffic following 12 weeks of renovations, according to state transit officials. The $19.3 million rehab included the replacement of the tunnel's deck, curbing and wall panels. About 30,000 vehicles use the tunnel on a daily basis to travel from the city to East Boston and Logan International Airport. / NICOLAUS CZARNECKI, METRO

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For more information visit bphc.org or call 617-534-9385

TIME: 5:30-7:30 PM (for all locations)

March 12 - Blackstone Community Center
50 W. Brookline Street, South End

March 18 - Maverick Landing (Community Room)
31 Liverpool Street, East Boston

March 25 - Jackson Mann Community Center
500 Cambridge Street, Allston

BOSTON PUBLIC HEALTH COMMISSION

Martin J. Walsh, Mayor
Boston Public Health Commission
Building a Healthy Boston

Seaport District to pilot program for later bar closings

Drink up. The mayor is cool with you staying out past your bedtime.

The Whiskey Priest is one of the many bars in the Seaport District that could temporarily stay open until 3:30 a.m. / NICOLAUS CZARNECKI, METRO

Boston is on its way to becoming a twilight haven for bar-hopping night owls.

Mayor Marty Walsh on Friday announced the formation of a "late night task force" to look into the possibility of keeping the city's vibrant bars and restaurants open well past their current closing time — until 3:30 a.m.

The city's lively Seaport District bars will kick off the study, the mayor said, allowing spots like The Whiskey Priest, Drink and Lucky's to lead the way into the late-night arena.

Walsh said his decision to look into later bar hours was prompted by calls from the community, which is attracting younger, more worldly residents.

"One of the things I hear a lot around Boston is that we close too early. Our economy is changing, our workforce is changing and it's something I think we have to look at," Walsh told reporters Friday.

Walsh's announcement will roughly coincide with a one-year test run of late night MBTA service, which is due to begin this spring. Under the T's pilot program, all subway trains and the 15 most popular bus routes will run until 3 a.m. on Saturday and Sunday.

The late-night bar program is due to launch by the summer, Walsh said, though the Legislature would first have to make changes to existing state law.

Eyeing late night

The late night task force will be comprised of "a diverse group of restaurant and bar owners who will look at how we can foster a safe and vibrant late-night culture."

- "Working with the state on legal barriers, and listening to voices from all over the city, we can create the kind of nightlife that visitors expect in a world-class city," Walsh said.

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'Bag men'

Judge allows Boston Marathon libel suit

A judge has denied a bid to dismiss a libel lawsuit filed by a Malden man and a Revere teen who were depicted on the front page of the New York Post as "Bag Men" during the hunt for the Boston Marathon bombers, the Daily News Reported.

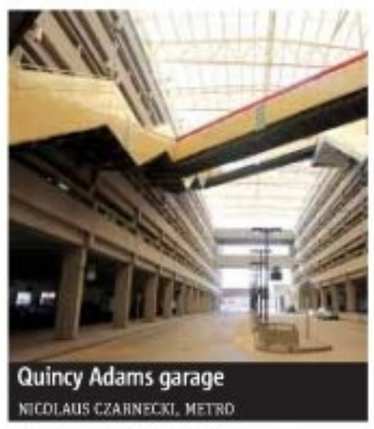
Salaheddin Barhoum, 17, and Yassine Zaimi, 24, filed the suit in June, complaining that they "were not suspects and were not being sought by law enforcement" for involvement in the April 15 bombing that killed three people and injured 264. METRO

Quincy Adams. Women stalked at MBTA garage

Transit Police are searching for a man who allegedly stalked two women at Quincy Adams MBTA parking garage last week.

The first victim told police that she was walking on the second level of the garage around 7:50 p.m. Thursday when she noticed a black man in his late 20s "staring at her and following her." He then allegedly "crouched down between parked vehicles and began to crawl from one vehicle to the next" before attempting to get into her passenger side door.

The second incident happened five minutes later, police said, as another woman was walking to her car on the fourth level of the garage.


Quincy Adams garage
NICOLAUS CZARNECKI, METRO

The suspect was allegedly hiding behind a wall, then began following her to her car. That man was described as black or Hispanic.

Anyone with information may call 617-222-1050.

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A Malaysia Airline jet is shown on the tarmac at the Kuala Lumpur International Airport. / GETTY IMAGES

Jet may have disintegrated in mid-air

Vanished. The search is widening to cover vast swathes of sea around Malaysia and off the Vietnam coast.

Officials investigating the disappearance of a Malaysia Airlines jetliner with 239 people on board suspect it may have disintegrated mid-flight, a senior source said Sunday, as Vietnam reported a possible sighting of wreckage from the plane.

International police agency Interpol confirmed that at least two passports recorded in its database as lost or stolen were used by passengers on the flight, raising suspicions of foul play.

An Interpol spokeswoman said a check of all documents used to board the plane had revealed more "suspect passports" that were being further investigated. She was unable to say how many, or from which country or countries.

"The fact that we are unable to find any debris so far appears to indicate that the aircraft is likely to have disintegrated at around 35,000 feet," a source involved in the investigations in Malaysia told Reuters.

If the plane had plunged intact from close to its cruising altitude, breaking up only on impact with the water, search teams would have expected to find a fairly concentrated pattern of debris, said the source, speaking on condition of anonymity because he was not authorized to discuss the investigation publicly.

Asked about the possibility of an explosion, such as a bomb, the source said there was no evidence yet of foul play and that the aircraft could have broken up due to mechanical causes. REUTERS

Quoted

"On the possibility of hijack, we are not ruling out any possibility."

Azharuddin Abdul Rahman
Malaysian civil aviation chief

Home simulator

Pilot is an aviation tech geek

The pilot of the Malaysia Airlines jet which went missing enjoyed flying the Boeing 777 so much that he spent his off days tinkering with a flight simulator of the plane that he had set up at home, current and former co-workers said.

Zaharie Ahmad Shah, 53, had always wanted to become a pilot and joined the national carrier in 1981.

Airline staff who worked with the pilot said Zaharie knew the ins and outs of the Boeing 777 extremely well, as he was always practicing with the simulator. REUTERS

Boeing 787

Japan Airlines plane makes emergency landing in Honolulu

A Japan Airlines-operated Boeing 787 made an emergency landing at Honolulu Airport after oil pressure in its right engine dropped, the Japanese carrier said.

The jetliner en route to San Francisco from Tokyo diverted to Honolulu, landed on Saturday with 160 passengers on board, a spokesman for JAL said.

The jet is the same one on which a battery melted and emitted smoke at Boston's Logan airport in January last year. A subsequent battery overheating on a 787 owned by ANA Holdings several days later prompted regulators to ground the global fleet of carbon composite 787s for more than three months.

Investigators in Japan are also probing a battery that overheated on a JAL Dreamliner parked at Tokyo's Narita airport in January this year.

Authorities have yet to discover the root cause of the any of those meltdowns. They allowed Boeing to return the 787 planes to operation after it redesigned the battery with insulation, as well as a vent to eject any hot gases out of the aircraft, and encased it in a steel box to contain any fire. REUTERS

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Rand Paul to decide on 2016 run after midterm elections

Victorious. The Republican won a straw poll of activists at the Conservative Political Action Conference.

Republican Rand Paul said on Sunday he was preparing for a possible run for the presidency in 2016 but would not make a final decision until after the November midterm elections.

One day after winning a preference poll of conservative activists, the Kentucky senator said his libertarian message of protection for civil liberties could help the GOP grow by attracting young people and minorities.

"We do the things that would be necessary to make sure that it can happen and will work. But I truly haven't made my mind up and won't make my mind up until after the 2014 elections," Paul said on "Fox News Sunday" of a run for the presidency.

Paul told the conference on Friday that President Barack Obama was trampling personal liberties with programs like the National Security Agency's electronic surveillance and offered a strong defense of Fourth Amendment constitutional rights against unreasonable searches and seizures.

"The youth in particular have lost faith in this president, and so I think there's a real opportunity for Republicans who do believe in the Fourth Amendment to grow our party by attracting young people," Paul told Fox.

Paul, who is up for re-election in 2016, has asked for a clarification of Kentucky state law to determine if he can run for Senate and president simultaneously.

If Paul runs for president, he would join a Republican field that also could include Cruz, New Jersey Governor Chris Christie, Florida Senator Marco Rubio, former Florida Governor Jeb Bush and many others.

Former Pennsylvania Senator Rick Santorum, who lost a 2012 bid for the Republican nomination, told Fox he also was preparing for another run but had not made a final decision. REUTERS

Cruz control

31%

Paul won the CPAC straw poll with 31 percent of the vote, well ahead of second-place finisher Republican Senator Ted Cruz of Texas, who had 11 percent.

Quoted

"We're definitely talking about it, my family's talking about it."

Paul said on "Fox News Sunday" of a run for the presidency.

Rand Paul / GETTY IMAGES

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Search for gunman

Three dead in Ohio nightclub shooting

An unidentified gunman opened fire inside an Ohio nightclub early on Sunday, killing three people including an off-duty police officer, authorities said.

A fourth person was wounded at the Last Call Saloon in Fremont, 40 miles south of Toledo, and authorities were searching for the shooter, Fremont police said.

The gunman fired at least four shots, killing a 25-year-old bartender, a 24-year-old patron and a 26-year-old man identified as an off-duty police officer from the nearby village of Elmore, according to Fremont Police Chief Timothy Wiersma. REUTERS

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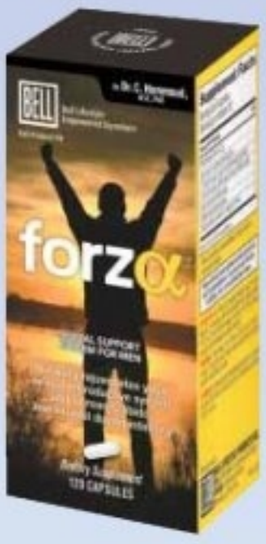

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The main ingredient is ocean kelp extract. This is the most effective botanical we know for reducing hunger in general especially for sweets of all kinds. This ocean kelp helps us to be more selective in eating more USDA recommended non-fattening alkaline food (vegetables, salads, legumes, fruit, berries, mushrooms) and decrease acidic food (meat, fish, shelfish, bread, noodles, rice, eggs, cheese, nuts, potatoes, french fries or other junk food). Just change a few eating habits for long term weight management. If your blood sugar is unbalanced consider adding Bell Blood Sugar Metabolism #40. It is hard to manage weight if the blood sugar is out of line.

■ **It seemed to naturally curb my appetite.** Bell Shape & Health gave me extra energy for workouts. I have managed my weight well for the last 3 months. I have recommended Bell Shape & Health to my family and friends. I will definitely keep on taking it. Latoya Daniela Scotte 29, Shuterville, SC.*

Clear Skin from within!

Bell Clear Skin (Bell Product #60) helps you maintain healthy skin from within, simply by cleansing the blood instead of attacking the skin topically with creams or washes. This only makes sense, since the skin is an elimination organ. Typically, you can see how it benefits your skin within days. Many people wrote that they were surprised how quickly they had amazing results. There are lots of testimonials from everyday people on our website.*

■ **Last couple of years I tried everything.** Results were unbelievable. I have beautiful skin again. Thanks for giving back my self-esteem. Nelisa Royer, 28, Doral, FL ■ **My mom bought (Bell Product #60).** I was skeptical. It did work quickly and better than anything else. Christopher Seraphin, 14, Brooklyn, NY. * ■ It worked. I no longer have to hide at home, because I was ashamed to be seen. Agnes Casillas, 60, New York, NY* ■ **Can wear dresses again** that are backless. My skin looks fantastic. Thank you from the bottom of my heart. Yvette Maclean, 40, Lodi, CA *

Healthy Blood Pressure Support

Dr. C. Hammoud M.H., PhD, recommends this natural, effective fish peptide product to nutritionally support the body's normal blood pressure function.* With science-backed herbal phytonutrient. Promotes flexible, relaxed blood vessels in healthy people.* A one-of-a-kind formula that offers unprecedented nutritional support for your overall health and well-being.* We have thousands of repeat customers. Blood pressure is a focal point of cardiovascular wellness.* Achieve your balance and maintain your balance in a healthy range.

■ **Bell Blood Pressure Formulation helped me feel great.** Thank you for this wonderful product. William Oliver, Portsmouth, VA* ■ **I have been taking (Bell Product #26) now for one year.** My mom and brother started taking it as well. Even my pastor is on it now. Thanks! Mary Earl, Longview, TX* ■ **A friend recommended Bell BP Formulation!** When a friend had good results I decided to try it. Bell Healthy Blood Pressure Support (Bell Product #26) made a difference in my life. Milton Perdomo, 68, Rego Park, NY.*

Natural Superior Hair

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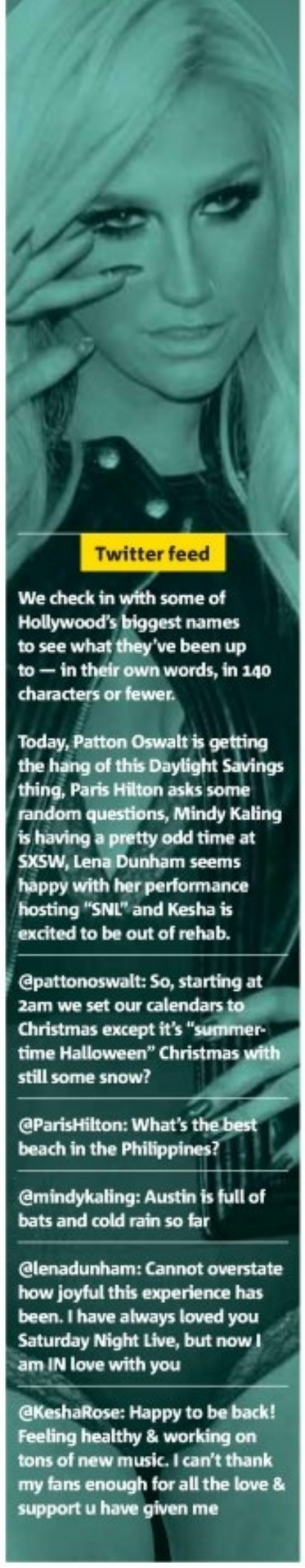
■ **Hair issues were noticeably reduced with first bottle!** I tried many things that didn't work. After having good results with another Bell product, I was happy to see that Bell now has this product. It worked well. Thanks! Cheryl Quick, 79, Naperville, IL ■ **I was skeptical!** After throwing my money away for years on other products and supplements. Your Natural Superior Hair Formula #77 is worth every penny. I referred it to others I see who could benefit from it. Very pleased. Richard Rawls, 51, Houston, TX.*

2 CULTURE



Twitter feed

We check in with some of Hollywood's biggest names to see what they've been up to — in their own words, in 140 characters or fewer.

Today, Patton Oswalt is getting the hang of this Daylight Savings thing, Paris Hilton asks some random questions, Mindy Kaling is having a pretty odd time at SXSW, Lena Dunham seems happy with her performance hosting "SNL" and Kesha is excited to be out of rehab.

@pattonoswalt: So, starting at 2am we set our calendars to Christmas except it's "summer-time Halloween" Christmas with still some snow?

@ParisHilton: What's the best beach in the Philippines?

@mindykaling: Austin is full of bats and cold rain so far

@lenadunham: Cannot overstate how joyful this experience has been. I have always loved you Saturday Night Live, but now I am IN love with you

@KeshaRose: Happy to be back! Feeling healthy & working on tons of new music. I can't thank my fans enough for all the love & support u have given me

THE REAL CHAMPIONS OF SOCHI

Tara Lipinski and Johnny Weir stole the show in Sochi. "When we start talking we don't really stop," Weir says. / GETTY IMAGES

With their sassy, on-point figure skating commentary, drool-worthy couture and adorable Instagram posts (they love to spoon!), Johnny Weir and Tara Lipinski took the Olympics by storm — again.

"I think we were both happily surprised [by the attention]," Lipinski told us at a kick-off for the Paralympic Winter Games on Friday in NYC. "We were the rookies and we had to prove ourselves, so it was really nice to come home and see the reception that we got."

The pros were "in a bubble" during their time in Sochi, Weir says, so they didn't really know about the positive reaction to their work until they returned home.

"We didn't think anyone was watching, and there's a brilliance to being a bit naive to what's going on," he says. "It's very liberating."

And figure skating's most fabulous duo have no plans to slow down now. The two did Oscars coverage for NBC and hope to be commentators at the Winter Olympics four years from now ("We'll have to see," Lipinski says). They're also ready and willing to offer their insight on other matters.

"We have an opinion about everything," Weir says. "Despite being figure skaters and knowing what we're talking about specifically, we've got opinions on a lot. So show us VMAs. Show us Golf Channel. Show us the Kentucky Derby [or] 'Toddlers and Tiaras.'"

THE WORD

Meredith Engel takes on the world of gossip.

MEREDITH ENGEL
@MeredithAtMetro
meredith.engel@metro.us

Ice skating vs. ice dancing

"It's definitely a different discipline, but I think we both have such a respect for what they do." Lipinski

"We're all underneath the same big top at the circus, and the ice dancers are definitely a breed [in and] of themselves. They're the peacocks." Weir

Talking points

Selena and Justin together again?

It looks like Selena Gomez can't quite quit Justin Bieber no matter how much trouble he encounters. The former Disney star is fueling speculation that she and Bieber are back together after being spotted by fans having breakfast together in McAllen, Texas, late Friday morning, according to Valley Central. Gomez was in the area for a performance the following night at BorderFest, and Bieber apparently flew in to join her after giving a deposition in Miami in a lawsuit brought against him by a photographer. For the record, Gomez ate chilaquiles while Bieber had huevos rancheros.

Not so Thicke-skinned?

Robin Thicke's yearnings for a reconciliation with estranged wife Paula Patton — which he's made a regular part of his concerts on his current tour — might just be for show. The "Blurred Lines" singer has seemed contrite and lovesick onstage, but off-stage he's reportedly been having a great time and visiting strip clubs, according to Radar Online. And at his most recent tour stop he was spotted without his wedding ring.

Neeson, Liam Neeson

NEESON IN "NON-STOP"

Liam Neeson's career could've gone very differently if it weren't for late wife Natasha Richardson, the "Taken" star reveals. Neeson tells the Hull Daily Mail that he was offered the role of James Bond early in his career, but then-fiancee Richardson wasn't having it. "I was heavily courted, let's put it that way, and I'm sure some other actors were too," Neeson says. "It was about 18 or 19 years ago and my wife-to-be said, 'If you play James Bond, we're not getting married.' And I had to take that on board, because I did want to marry her." The 007 franchise went with Pierce Brosnan instead, and Neeson and Richardson tied the knot in 1994.

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SARA EVANS

The country singer is back with her seventh studio album, "Slow Me Down."

NO SLOWING HER DOWN

ROBERT ASCROFT

Sara Evans is frazzled. Like any mom, she spent the morning trying to get her kids ready so she could make it out the door for work. But unlike many other moms, the job that she holds is country superstar. Her seventh studio album, "Slow Me Down," drops tomorrow and on Wednesday night her tour hits Royale (279 Tremon St., Boston).

This is your seventh studio album. Does the process ever get easier?
I watch the charts weekly and just so desire success. You put so much into making your records and all the details that can either be not even recognized or can take your career to the next level. You never know how a single is gonna be received. I was worried about our genre right now being so male-dominated. I was like, "Are they gonna give me a slot?" And they did. ... It's always scary: No matter how many albums you put out, how much success you've had, you never want anything to fail.

Tell me about your cover of Gavin DeGraw's "Not Over You."
It was one of my favorite songs of that time, and I think almost every album since [2000's] "Born to Fly," I've put a cover tune on. I was just thinking what kind of song, out of the millions of songs out there, would I want to cover? I don't know why it came to me to do that one. Something about the lyrics — that song moved me so much, and it sounds so much like a Sara Evans song.

You're in a wedding dress in the video for your first single, "Slow Me Down."
It's just symbolic. It's almost me saying, "Why did I marry him? If it doesn't change I'm going to have to leave, but I really want him to stop me." And every girl loves the idea of — not in the way of playing games, but just: "If I told you I was leaving you, would you chase me? Would you try to stop me?" I completely related to that song because everybody wants to be pursued. Guys do, too!

What was your mind-set when you were working on this disc?
If an actor chooses to play the part of a wife-beating, drug-addicted thief, that doesn't mean that in their personal lives they're thinking those dark things. It's acting. With me that's what I love about going into the studio and creating these songs, because I'm completely acting.

It must be hard to constantly defend yourself to people who think you're writing about your life.
Yeah. When I write songs I go into a fantasy world, writing things that I think would make great music. I write something that I think would move people. I don't mirror things that I'm writing or recording.

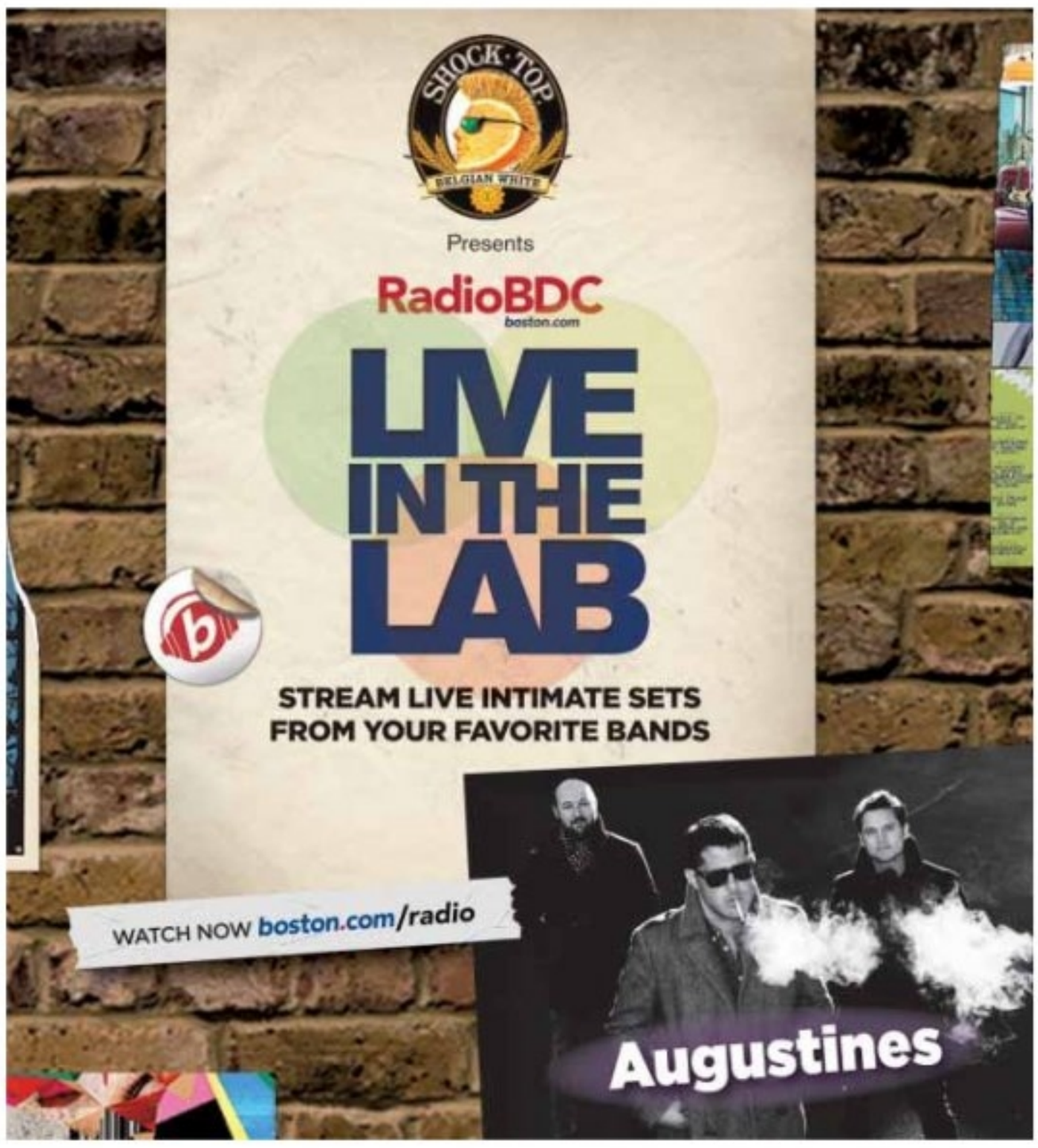
On the opposite end of the spectrum are artists like Taylor Swift.
Exactly. She's definitely one of those personal writers. Or so she says — who knows? She could totally be like, "I never had a boyfriend."

MEREDITH ENGEL
@ MEREDITHATMETRO
meredith.engel@metro.us

Rapper's delight

Beyond country

Who's an artist people would be surprised to know you listen to?
I love rap. I love Eminem. To be honest with you I don't really listen to country like you would think because it makes me think about work too much. I also listen to what my kids want to listen to.



Television. Comic Billy Eichner's unique interview style has actually helped him burn a lot of calories

"Billy on the Street" premieres on Fuse, Wednesday at 11 p.m. / FUSE

Comedian Billy Eichner is back with a third season of his irreverent guerrilla quiz show, "Funny or Die's Billy on the Street," debuting March 12 at 11 p.m. EST on Fuse. To celebrate, he's in Austin, Texas, for SXSW — for as little time as possible, he insists.

What's your take on being at SXSW?
I hate it! [Laughs] ... I'm glad we're doing our event on Monday, when it's a little more chilled out. That first weekend, it's basically like New York and L.A. and Chicago — everyone converges on Austin. It's a lot, it's hectic.

How often do you run into people who just expect you to be in character like that?
Um ... every day, all the time. [Laughs] And you know, I totally understand it, and I'm happy to report to them that I'm not that way all the time, that it's a character, obviously, and no one could live that way. ... I'm just your average gay Jew. What can I tell you?

You run a lot on the show.
Yes, I burned a lot of calories. I needed to point out that between Season 2 and Season 3 I lost a lot of weight. That was the only point of me signing on to do it again. ... I would like to put "Billy on the Street" in the rainforests. ... It's probably going to be mostly running, me running around by myself or taking a nap near a tree. NED EHRBAR

Online

Metro messes with Texas

This week, Metro goes to Austin, Texas, for SXSW, a conference featuring the newest in interactive, film and music. Read about Ned Ehrbar's first experience there at metro.us. And check out Pat Healy's music coverage later this week.

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Switching up the SAT

Changes to the SAT may make the test more egalitarian, but some are skeptical. / MONKEY BUSINESS IMAGES

See more at www.metro.us

Pencils down. For a test that is a student's first step into college, the definition is changing.

Adumbrate, legerdemain, obstreperous: Students can breathe a sigh of relief as ornate SAT words are tossed aside as one of many changes announced by the College Board. Two years from now, students will begin taking the redesigned test, and experts say it's a step in the right direction.

The revisions make sense overall, according to Dr. Karen Pennington, vice president of campus development and student life at Montclair University. "I like those passages using works such as The Declaration of Independence or the Federalist papers students should know and be reminded of."

Overseeing admissions at Montclair, she mentions the College Board is also addressing aspects that simply didn't work. "The change to the total score is one that never worked, it never quite caught on."

Neither did the essay, which was added to the test in 2005 to raise potential scores to 2400; now it's becoming optional as scores revert back to 1600. "Those changes led to a decline in the last nine years when the ACT overcame," points out Bob Schaeffer, public education director of FairTest, a testing watchdog organization.

The College Board is also hoping to level the uneven financial playing field regarding test preparation accessibility. The announcement referenced a partnership in conjunction with Khan Academy for free online test preparation materials launching next spring.

Schaeffer points out free reference materials also already exist in high school guidance offices. "It's like physical fitness," he says. Though anyone can run outside, "If people have the means, they go to Gold's Gym." And if they have a lot of money, he adds, "They hire personal training, because they know one-on-one customized training is far superior than using a machine."

Seppy Basili, vice president of Kaplan Test Prep, echoes the idea of thinking like an athlete. "What do they do to get better? They practice, they practice, they practice."

While he thinks test updates will lead to more fairness since it's more in alignment with what students actually learn in school, students shouldn't worry. "Now is not a moment to panic. It's a little early," Basili says. Instead of freaking out about the overhaul, think about "understanding the content, having a strategy and being confident."

And Dr. Pennington reminds students to look at the big picture, since this is still one test taken on one day that will be part of a bigger picture. "It's the entirety of a student's record that's important. Prepare for more than just one test."

Cha-cha-changes

- Maximum scores will change from 2400 back to 1600.
- The essay will become optional.
- Impressive SAT words will be replaced by commonly used words.
- Each exam will include passages from the Founding Documents of America or the Great Global Conversation.
- Students must support answers with evidence.
- Scoring will not deduct points for incorrect answers.
- The math section will cover fewer topics.
- The new exam will be offered online in addition to paper.

VICKI SALEMI
letters@metro.us

PLUS

Quoted

"It's the entirety of a student's record that's really important. Study, buckle down and prepare for more than just one test."

Dr. Karen Pennington

Celebrating 15 Years

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Jobs Advice

DAN SCHAWBEL

DANSCHAWBEL.COM

Dan Schawbel is a Gen Y career expert, the founder of Millennial Branding and the author of Me 2.0.

REMOTE CONTROL YOUR JOB

If you aren't a remote worker right now, chances are, you might be in the future. A new study by the work life-style company Flex Strategy Group and Quest Diagnostics found that 31 percent of full-time employees in the U.S. (about 8 million people) do most of their work from a location other than their employer's site. Though many workers romanticize about working from home, it's much harder than it seems.

I spent four years working remotely and ended up renting office space because it was getting in the way of real human interaction. They don't teach you in college how to work remotely or manage remote workers, but it's an important skill in the 21st century. With technologies like Skype, Basecamp and Google Apps, it no longer matters where and when you do work — only that you get results that benefit your company. I spoke with Cali Williams Yost, founder of Flex Strategy Group, to get her tips for remote workers.

It might not be business-casual in a remote office, but there are rules to follow. / COLOURBOX

See more at www.metro.us

Know your boundaries

When you aren't working in an office, it's hard to balance your work and life because you aren't clocked in. It's up to you to set time aside to do personal things that matter to you. "Make it part of your routine to sit down for 20 minutes each week and review what you need to get done and want to get done on the job, with your career and in your personal life," Yost recommends.

Identify actions and priorities

As a remote worker, you need to take the initiative to manage yourself instead of relying on your boss to do it for you. "Identify the small, meaningful actions and priorities that will help you be your best, at work and in your personal life, for the next seven days, whether its completing an important project, getting enough sleep or eating healthy meals," Yost suggests.

Watercooler

Go to the office

Face-time is still the best way to build relationships with the people you work with. "Make it a point to go into your employer's workplace regularly," says Yost. Nothing will replace in-person visits where people can get to know you on a personal level.

Give status updates regularly

One of the biggest concerns managers have with remote workers is that they might be distracted. Your manager will trust you if you make sure he or she is aware that you are constantly doing work and exceeding expectations. "Every week send your manager a quick 'highlights' list of accomplishments," says Yost.

— Metro does not endorse the opinions of the author.

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What elite athletes can teach you about working hard

Extra tip

H2O is your new best friend

A healthy athlete is a hydrated athlete. A healthy employee is one who drinks lots of water — it keeps your mind fresh and will help you stay alert, healthy and moving around.

Hydrating means more trips to the bathroom, which means moving around during the day. All good habits. / COLOURBOX

Achieve. Take these strategies for success from the sports arenas to the office.

Workplace competition is inescapable these days — but if you have your sights set on gold medal career growth, you'll need some great techniques. Taking the lessons learned on the court into the boardroom is a great start.

Recognize the importance of training

Every week you should be analyzing your performance. Did you meet your targets? Where and why did you fall short? Evaluating your performance and taking steps to improve it — whether it be embarking upon further training courses or practicing some basic strategies — is going to help you become the strongest employee you can be.

Overcome obstacles

Every athlete has to learn how to pick themselves up after a setback. That high jump bar you just can't clear? The hurdle you keep knocking over? Athletes need to keep their eye on the prize in order to keep going when the going gets tough.

We face obstacles in the workplace all the time, from not getting the promotion you wanted to being rejected from a job you thought you had in the bag. Keeping your eyes on your ultimate goal and focusing your attention on what steps you can take to get there will help you find yourself on the workplace podium sooner rather than later.

Push yourself

Preparing for the Olympics is an enormous time commitment. You eat, sleep and breathe Olympic training. Therefore, maintaining focus and working toward constant improvement is your key to success.

At work, it is easy to fall victim to doing the bare minimum and settling into where you are instead of working towards where you could be. Pushing yourself to work harder and surpass expectations is where you are going to find your career success.

Be a lover not a fighter

At work, embrace the idea of being a team and supporting your peers. Rooting for others will encourage them to do the same for you (and make them want to work more closely with you). **LEAH RUEHLICKE**

TalentEgg.com is a job board and online career resource for college students and recent graduates.
TalentEgg
hatching graduate careers

Good game

Stick to friendly competition

Teamwork is better than fighting. COLOURBOX

Rivalry between co-workers who are fighting for the same positions can get heated as they fall under the pressure of trying to prove themselves. Standing out is one thing. Doing it maliciously is quite another. Although it's natural to want to win, remember that you are on a team. Do your best, but not at the expense of others.

Horoscope

♓ Pisces | Feb. 19-March 20. Your home and family life should be your priority today. You could run into trouble if details escape your notice.

♈ Aries | March 21-April 20. You will have difficulty concentrating on your career if there are unresolved issues at home. Once your mind is clear of domestic problems, you can dedicate yourself to your work.

♉ Taurus | April 21-May 21. There are people in your circle who claim that they can assist you with important projects. Some will be a great help, and some will be more of a hindrance.

♊ Gemini | May 22-June 20. Direct your focus toward money matters. Consider asking for a raise, or find a way to supplement your income with a part-time job. Reducing financial stress will improve your outlook.

♋ Cancer | June 21-July 22. You will have a tendency to overreact. If you remain levelheaded, your plans can be turned into reality. Make the necessary effort to keep your emotions in check.

♌ Leo | July 23-Aug. 22. Don't be shy about presenting your ideas. A little self-promotion is necessary if you want to be successful. Determine who your allies are, and share your thoughts with them.

♍ Virgo | Aug. 23-Sept. 22. Think carefully before making any decisions. You will end up in a much better position if you sit back and wait for others to make the first move.

♎ Libra | Sept. 23-Oct. 22. Don't be reluctant to offer help to a close friend. The reassurance you give him or her will make a difference to your relationship. Loyalty will win you favors and support.

♏ Scorpio | Oct. 23-Nov. 21. Let your creativity and imagination drive you today. You should finish projects that you've been putting off. Feelings of accomplishment will lead to new beginnings.

♐ Sagittarius | Nov. 22-Dec. 21. You may think that someone you relied on has turned out to be untrustworthy. Although you feel hurt, make sure to get your facts straight before making any accusations.

♑ Capricorn | Dec. 22-Jan 20. If you need to boost your credentials, do so. Seeking out a challenging new position will motivate you. Do your research to help you achieve your goal.

♒ Aquarius | Jan. 21-Feb 18. It's a good day to get in touch with old friends. You will find that you all still have plenty in common. Sharing your views will give you a much greater perspective. BERNICE BEDE OSOL

Letters

History repeats itself

RE: Letter 'Russia is No. 1 threat to US' (March 7, 2014) I found letter writer Kevin Metz to be very naive and extremist. What offensive action is he expecting from Obama? Asking Congress' authorization to declare war to Russia because it has invaded Ukraine or is siding with Syria? The world is what it is: a mix of powerful and defenseless countries. Putin is not the first leader of a superpower country to invade another country, and unfortunately he will not be the last. JEAN KAZADI, SALEM, MA.

Foreman's follies

RE: 'Russia's Rules' (March 7, 2014) Why do you publish the mediocrity dished out by "political correspondent" Tom Foreman? His points are often laughable and his pieces riddled with factual errors. Take his last one, for example. He says: "Sixty percent of Crimea's population speaks Russian as a first language." Wrong! It's 77 percent. (He was confusing ethnic background with native language.) He also says: "Crimea was part of Russia for 300 years before it was given to Ukraine in 1954." Crimea was part of the Russian Empire since 1783, but then again so was Ukraine, even before that. When the Soviet Union set up Ukraine and the other Soviet Socialist Republics in 1922, Crimea remained part of Russia. PASQUALE TATO, CAMBRIDGE, MA

Not your mom's jeans

RE: 'Spring trend: Mom jeans' (March 6, 2014) The jeans featured in your article were '80s high-waisted jeans, not mom jeans. Mom jeans were shapeless with an elastic waist and baggy from the hip-flexers up to the waist; the point being you can give up now that you have settled down. I am relieved that they are not making a comeback for moms or fashionistas. DIANE B, VIA EMAIL

letters@metro.us

Keep them as brief as possible, preferably under 100 words. Metro reserves the right to edit all letters. Please include your name and contact info.

Sudoku: Easy and hard

		7				1	8	9
			6	7			3	5
8								6
				5	7			8
1	3						7	2
7			2	6				
5								1
3	2			9	4			
6	4	8				2		

			9			1		5
4		5	8				2	9
					7		6	
		7			5			3
		1	2	3	4	8		
3			6			5		
	1		3					
8	5				6	2		4
2		6			8			

How to play
Fill in the grid so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Crossword

Across
1 Mirror fogger
6 Omelet base
10 "— Horizon"
14 Dance band
15 Sky light
16 Game for (2 wds.)
17 UFO passenger
18 – Brummell
19 Kind of muffin
20 Hags
22 Weird
24 Dear, in Italy
25 Wets a line
26 Catherine of —
30 Send a letter
32 — Hari
33 Acorn, to an oak
35 Fluffy quilt
40 Leads on
42 Gross out
44 Fractional part
45 El —, Texas
47 Failing that
48 Carter and Vanderbilt
50 Deeds
52 Affluent person
56 Warty critter
58 Newspaper flyer
59 Wormwood liqueur
64 ORD guesses
65 Quartet minus one
67 Yellow pigment
68 Cheerful tone
69 Practical knowledge
70 Kiwi language
71 Promo tape
72 Dolly and her clones
73 Mr. Spock's father

Down
1 Union flouter
2 Decorated tinware
3 Runner — Zatopek
4 Sacked out
5 Neighbor of France
6 Bonfire residue
7 Loses it (2 wds.)
8 Region of India
9 Extinguishes
10 Grease jobs
11 Host with a book club
12 Tent securer
13 Oscar's cousins
21 Pastor's abode
23 Ceremonies
26 "You said it!"
27 Jaipur princess
28 Envelope abbr.
29 Amble or trot
31 Bettor's concern
34 Glimpse
36 "— — the picture!"
37 Yawn-provoking
38 Latin I verb
39 AAA suggestions
41 Preside
43 Jots
46 Fred of "Top Hat"
49 Courage
51 Figures of speech
52 Harvest
53 Free
54 Choir selection
55 Linguine topper
57 Melancholy woodwinds
60 College sports org.
61 Odin's son
62 Roll call reply
63 Viking name
66 Straight line

Weekend's answer

Y	E	A	S	T	■	A	T	T	I	C	■	N	I	X
O	M	A	H	A	■	L	A	N	K	A	■	E	R	E
U	S	H	E	R	■	O	F	T	E	N	■	P	A	N
■	■	■	G	O	U	T	■	N	E	A	T	O	■	■
M	I	S	R	E	A	D	■	S	W	O	L	L	E	N
A	L	C	O	T	T	■	T	O	O	N	S	■	■	■
V	I	E	W	S	■	H	A	C	K	S	A	W	S	■
S	A	N	■	■	Y	A	N	K	S	■	■	U	T	A
■	D	E	F	R	A	U	D	S	■	A	P	R	O	N
■	■	■	D	O	W	N	Y	■	F	R	E	S	N	O
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E	P	I	C	S	■	■	D	A	U	B	■	■	■	■
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T	R	I	■	E	T	U	D	E	■	A	N	I	S	E
S	T	E	■	R	O	S	E	S	■	N	O	L	T	E

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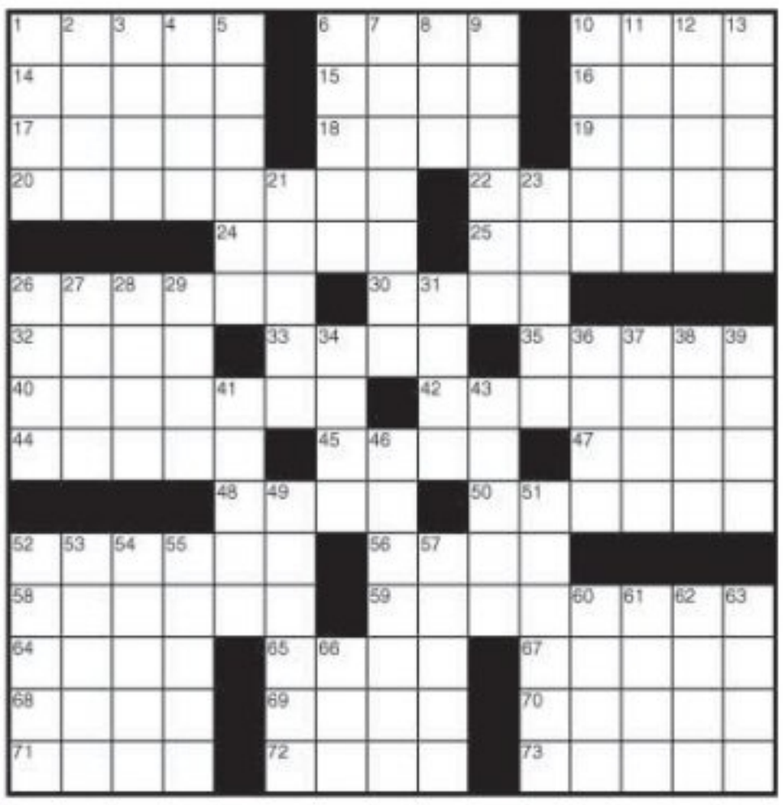

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KEVIN MILLAR

The former Red Sox first baseman talked with us on a varity of baseball-related topics.

'I KNOW WHAT WE DRANK'

You were on the 2005 Red Sox, a team that probably had the least amount of pressure of any defending World Series title team. How hard was it for that team to focus?
It just wasn't right that year because we lost Pedro [Martinez] to the Mets. It was just different. You never have the exact same team year to year, and the atmosphere was just different. Not saying that Matt Clement wasn't that type of [team-first] guy, but things just felt different. A lot of things have got to go right when you win a championship. Guys gotta stay healthy, some guys have to have a career year. … But 2005 was a dogfight. We didn't have Pedro, I got off to a slow start and then there was the whole John Olerud situation at first with me, so it just never felt right.

What do you think are some of the main issues the Red Sox will face in 2014?
There are guys in key positions that don't have track records. Will Middlebrooks at third — he hasn't really had a track record. I like Middlebrooks as a player, a lot actually. But we just don't know yet. Then at shortstop, you've got a fine looking young player in [Xander] Bogaerts, but no one knows what he'll become. You see the potential of him being a star but you won't know until he gets out there. Then you see a former star like [Grady] Sizemore. He looks wonderful in camp. There will be a competition between him and Jackie Bradley in center but there's a chance that both might not work out. So, those are the three question marks people can put down.

You've talked plenty about the Jack Daniels shots in the clubhouse in the ALCS in 2004, but it seems like a new wrinkle regarding that story comes out from time to time. For instance, Pedro Martinez said last year that it was Mama Juana [a Dominican drink consisting of rum and wine] and not Jack Daniels. Was that just Pedro pimping a drink or is that correct?
I think it was more so Pedro pimping the drink. I know what we drank. I don't know what else was being poured into those cups at times when we were passing it around, but [Jack Daniels] is what we drank for sure.

MATT BURKE
@BURKEMETROBOS
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Q&A

What did you make of David Ortiz and his recent public comments about his contract?
Well, I love this man. This man deserves a lifetime contract with the Red Sox. He's an ambassador for the Red Sox. And the guys that bought the franchise back in 2002, a franchise that's now worth about $3 billion, he's maybe the main reason why they're where they're at today. So he's just a once-in-a-generation guy.

What's your take on what Jacoby Ellsbury did in free agency?
You know, free agency — that's your opportunity as a player. You play the game to become a free agent and you're only that age one time and there's 152 million reasons why you understand that [Ellsbury] made the move. Ya, it's it weird to go from team-to-team like that, but financially you understand at some point that there's a business side to [baseball].

3 SPORTS

Twitter beef

Henry calls out Marlins

Red Sox owner John Henry called out the Marlins organization Saturday regarding Miami's outrage that the Sox fielded a sub-par team against them last week. Henry tweeted: "They should apologize for their regular season lineup."

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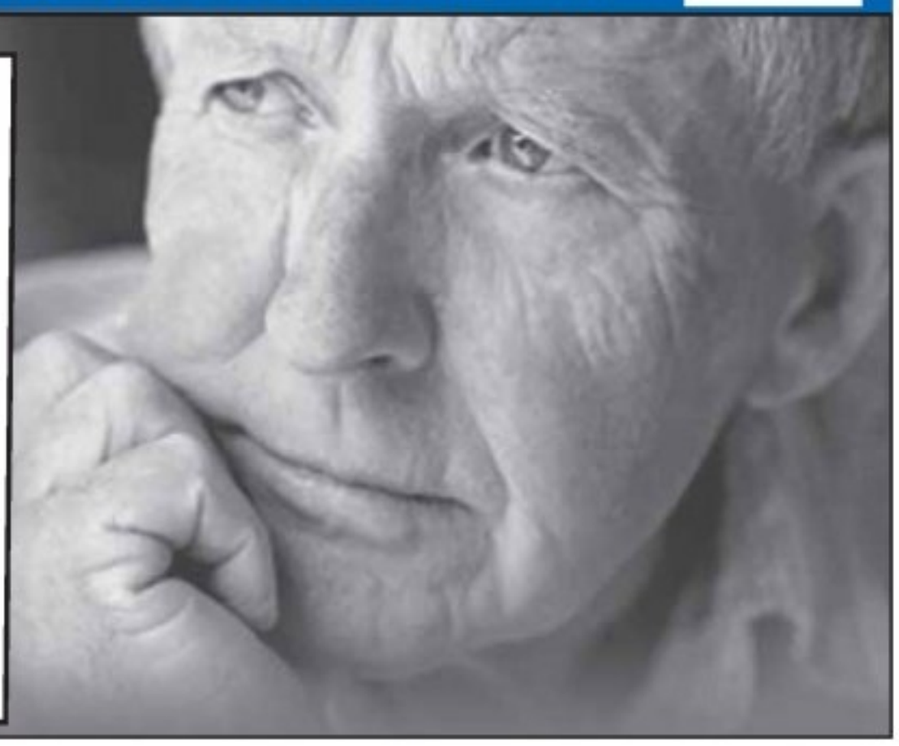

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For title see deed recorded with said Deeds in Book 44331, Page 3.

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Also excludes: Everyday Values (EDV), specials, super buys, furniture, mattresses, floor coverings, rugs, electrics/electronics, cosmetics/fragrances, athletic shoes for him, her & kids, Dallas Cowboys merchandise, gift cards, jewelry trunk shows, New Era, Nike on Field, previous purchases, special orders, selected licensed depts., special purchases, services. Exclusions may differ at macys.com. Cannot be combined with any savings pass/coupon, extra discount or credit offer, except opening a new Macy's account. Dollar savings are allocated as discounts off each eligible item, as shown on receipt. When you return an item, you forfeit the savings allocated to that item. This coupon has no cash value and may not be redeemed for cash, used to purchase gift cards or applied as payment or credit to your account. Purchase must be $50 or more, exclusive of tax and delivery fees.

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Fine jewelry doorbusters are only at stores that carry fine jewelry. ➤ REG. & ORIG. PRICES ARE OFFERING PRICES AND SAVINGS MAY NOT BE BASED ON ACTUAL SALES. SOME ORIG. PRICES NOT IN EFFECT DURING THE PAST 90 DAYS. ONE DAY SALE PRICES IN EFFECT 3/11-3/12/14. *Intermediate price reductions may have been taken. ‡All carat weights (ct. t.w.) are approximate; variance may be .05 carat. **May contain rose-cut diamonds. Jewelry photos may be enlarged or enhanced to show detail. Fine jewelry at select stores; log on to macys.com for locations. Almost all gemstones have been treated to enhance their beauty & require special care, log on to macys.com/gemstones or ask your sales professional. Extra savings taken off of already-reduced prices; "doorbusterl" prices reflect extra savings. Doorbusters are available while supplies last. Advertised merchandise may not be carried at your local Macy's & selection may vary by store. Prices & merchandise may differ at macys.com. Electric items & luggage carry mfrs' warranties; **to see a mfr's warranty at no charge before purchasing, visit a store or write to**: Macy's Warranty Dept., PO Box 1026, Maryland Heights, MO 63043, attn: Consumer Warranties. ★ Enter the WebID in the search box at **MACYS.COM** to order. N4020021.

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